

Mental Health Subcommittee Meeting Minutes
October 31, 2014

In attendance: Jen Condon, Lyn Hostetler, Shawna Iannotti, Nina Mackta, Brad Wilson, Ann Horgan, Rachel Silverman, Carolyn Mark

This was the first meeting following the presentation of the Mental Health Assessment to the school committee on 10/9. The assessment (which is now available on the EGSD mental health website page) as well as the announcement regarding the First Responder Grant was well received. Thank you to those who were able to attend.

The subcommittee discussed goals for the coming year regarding data collection, program assessment, stakeholder engagement, and developing mental health resources in the district (website and database.) Because Sharon Foley was not able to stay for the meeting, she dropped off some notes that included her thoughts on our agenda topics (see attached.) It was agreed that we would identify leads in each of these areas, and use subcommittee time to work in small groups to cover more ground (in terms of goal and work plan development and implementation) in each meeting moving forward. Individuals present at this meeting signed up for the smaller workgroups as follows (individuals not present can join at the next meeting based on interest/expertise):

- 1) Data Collection: Sharon Foley, Nina Mackta, Brad Wilson and Shawna Iannotti
- 2) Program Assessment (including curriculum and advisory)/Benchmarking of other best practice programs: Lynn Hostetler, Rachel Silverman
- 3) Stakeholder Engagement: Peggy Bonk and Carolyn Mark
- 4) District Mental Health Resources (database and website): Jen Condon, Nina Mackta, Ann Horgan

Carolyn introduced the idea of holding "whole child" meetings that would bring together the full health and wellness committee to look at the intersectionalities of physical activity, nutrition and mental health. These meetings would be held 2-3 times a year.

Next meeting: Tuesday, November 25 at 10am in the EGHS guidance conference room.